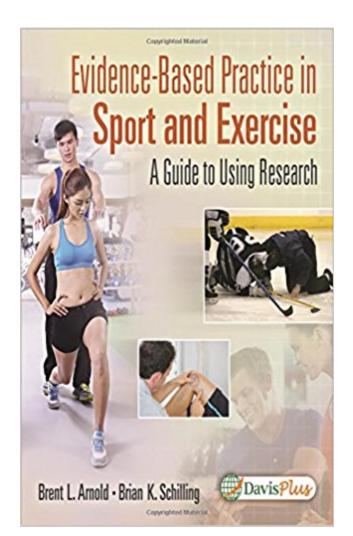


## The book was found

# Evidence Based Practice In Sport And Exercise: A Practitioner's Guide To Using Research





### Synopsis

What is the evidence? Why do you need it?How do you evaluate it? How do you use it to make decisions?  $\tilde{A}$   $\hat{A}$  Put the evidence to work for your patients. Master the knowledge and clinical decision-making skills you need to provide the very best care for your clients  $\tilde{A}$ ¢ $\hat{a}$   $\neg \hat{A}$ |based on the evidence.Step by step, you $\tilde{A}$ ¢ $\hat{a}$   $\neg \hat{a}_{,,}$ ¢II learn how to find and evaluate the existing research and determine whether there is sufficient clinical evidence to support a specific treatment and whether it should be recommended or used to address a client  $\tilde{A}$ ¢ $\hat{a}$   $\neg \hat{a}_{,,}$ ¢s need. A wealth of examples drawn from the literature illustrates its role in everyday practice.An access code inside new printed texts unlocks your student-focused questions that guide and reinforce learning.

### **Book Information**

Paperback: 448 pages Publisher: F.A. Davis Company; 1 edition (September 1, 2016) Language: English ISBN-10: 0803640285 ISBN-13: 978-0803640283 Product Dimensions: 7.5 x 0.8 x 9.2 inches Shipping Weight: 1.3 pounds (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #173,890 in Books (See Top 100 in Books) #153 inà Â Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Sports Medicine #216 inà Â Books > Medical Books > Medicine > Sports Medicine #326 inà Â Books > Sports & Outdoors > Coaching > Training & Conditioning

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